

December 19, 2024

New Cultural Humility and Cultural Competency Resources Online

Dear provider,

The Health Plan of San Mateo (HPSM) is committed to providing our network with tools to ensure culturally appropriate services.

We've recently added over 30 new resources to support cultural awareness, cultural humility, and cultural competency for HPSM providers. Visit the HPSM website to access these resources:

<https://www.hpsm.org/provider/resources/cultural-competency/>

On this page, HPSM has included new resources for:

- Disability Awareness
- Limited English Proficiency
- LGBTQIA+
- Mental Health
- Oral Health
- Vaccine Hesitancy
- And more!

Why cultural awareness, cultural humility, and cultural competency? At the individual level, cultural awareness will ensure that your patients feel heard, understood, and supported in their healthcare experience. At the community level, culturally informed care can help reduce racial and ethnic disparities in health care.

For questions, contact the HPSM Provider Services department at PSInquiries@hpsm.org.

Thank you,

The Health Plan of San Mateo